

Thursday 22/1/2026	Time (Greek Time / EET)	Monday 26/1/2026	Tuesday 27/1/2026	Wednesday 28/1/2026	Thursday 29/1/2026	Friday 30/1/2026	Saturday 31/1/2026
	10.00-12.00	LET'S MEET	MARTA BORRUECO CARMONA Positive Youth Development & Life Skills Development in Youth Sport	ATTILIO CARRARO Values-based education through sport and PE: A critical reflection in “Respect”	MARKUS GERBER Building Team Cohesion in Team Sports	ANI CHRONI The Elite Athlete-to-Coach Transition: Going from Being the Flower to Becoming the Gardener	HANNA VEHMAS Responsibility and sustainability in Sport: introduction and conceptual framework
	12.00-12.30	Break	Break	Break	Break	Break	Break
	12.30-14.30	NADJA WALTER Exercise Commitment and Exercise Addiction	CHRIS ENGLERT A Critical Discussion of Current Self-Control Research Practices in Sports	Trip to Meteora	FLORIAN KNAPPE Playing It Safe, Making It Matter: Trauma-Sensitive Sport Delivery with Forcibly Displaced Individuals	HANNA-MARI TOIVONEN Developing leadership in sport and exercise: A responsibility- and SEL- based approach	VASSILIS SEVDALIS Promoting health and communication in performance contexts
	14.30-16.00	Lunch Break	Lunch Break		Lunch Break	RECEP GORGULU The Mental Edge of Champions: Performance Psychology Optimization on the Road to Los Angeles 2028	Departures!
	16.00-18.00	JULIAN FRITSCH Methods of How to Assess the Emotional Dynamics in Sports	ALEXANDER LATINJAK Self-Regulation, Holistically: Understand, Assess, Train				
VIRTUAL COMPONENT XAVIER SANCHEZ Sport Psychology in Europe: Profession and Careers	18.00-20.00						
	21.00		21.00 Greek Night! Food, Music and Dance		21.00 Night Out! Drinks, Music and Dance		