



ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΙΑΣ

ΤΜΗΜΑ ΕΠΙΣΤΗΜΗΣ ΦΥΣΙΚΗΣ ΑΓΩΓΗΣ & ΑΘΛΗΤΙΣΜΟΥ



**PUBLISHED POLICY FOR THE SUPPORT AND DEVELOPMENT OF
TEACHING STAFF**

POSTGRADUATE STUDY PROGRAM

EUROPEAN MASTER IN SPORT AND EXERCISE PSYCHOLOGY

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCE
UNIVERSITY OF THESSALY



**EUROPEAN MASTER
IN SPORT & EXERCISE
PSYCHOLOGY**

2025

Staff support and development policy

The quality assurance policy of DPESS, UTH for the development of postgraduate study programs dictates, directs and orients the planning and implementation of the Program. This policy is harmonized with the quality assurance policy of the Department and the Institution (Decision of the Rector's Council, Meeting 168/12-10-2021) focusing on the continuous improvement of the quality of the postgraduate study programs offered. Offering postgraduate programs in cutting-edge fields that offer competitive advantages for the modern labor market and the advancement of science is a matter of high priority. The Department considers quality assurance a continuous development process.

The basic principles governing the Program's staff support and development policy and the actions to implement the policy are:

- **Merit and Transparency**

The Program follows all the written provisions of Law 4957/2022 as well as the Institution's Internal Regulations for the recruitment of teaching staff.

- **Respect for teaching staff**

The Program shows the required respect to the weekly teaching load of the Department members based on the existing legislation and the Internal Regulations of the University of Thessaly.

- **Equal opportunity culture**

The Program encourages the participation of young scientists to provide teaching work as long as the conditions outlined by law are met. Especially in the Master's Degree Programs, the participation of doctoral candidates under the supervision of the supervising teacher is encouraged to provide teaching work and gain teaching experience.

- **Transparency and a sense of social accountability**

Evaluation of the teaching work provided and feedback that comes both from the evaluations of the Courses through questionnaires, but also from the results of the internal evaluation that is carried out on an annual basis in the Program.

- **A culture of rewarding and promoting good practices**

The Program highlights good practices and promotes teaching staff distinctions. It participates in the action implemented through the Research, Innovation and Excellence Structure of the University of Thessaly for the "Outstanding Teaching Award", an award given annually to faculty with long-term outstanding teaching performance.

- **Reinforcement of training actions**

The Program provides opportunities for enriching the teaching work and its constant updating on the modern trends of university pedagogy through various trainings. At the Department level, it is carried out through an asynchronous distance learning platform (providing asynchronous training on teaching-teaching methodology, educational methods, etc.) in order to improve their teaching abilities and skills, to get to know different educational methods, to come into contact with modern issues of Pedagogical Science and then apply them in teaching practice. At a central level, all teachers are informed about the possibility to participate in the educational activities of the Teaching and Learning Center.

- **Ensuring adequacy of logistical infrastructure**

The Program records on an annual basis the needs that arise for the maintenance, upgrading and modernization of the logistical infrastructure in order to ensure uninterrupted educational operation

- **Strengthening Mobility and extroversion**

The Program informs and encourages the teaching staff, through the activities of the Erasmus Office of the University, to participate in exchange programs for teaching, as well as for scientific conferences or days by providing relevant permits with fast and direct procedures.

The above policy has been published on the Program's website at the following URL:
<https://emsep.uth.gr/documents.html>