



ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΙΑΣ

ΤΜΗΜΑ ΕΠΙΣΤΗΜΗΣ ΦΥΣΙΚΗΣ ΑΓΩΓΗΣ & ΑΘΛΗΤΙΣΜΟΥ



ACADEMIC ADVISOR REGULATION
POSTGRADUATE STUDY PROGRAM
EUROPEAN MASTER IN SPORT AND EXERCISE PSYCHOLOGY
DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE
UNIVERSITY OF THESSALY



**EUROPEAN MASTER
IN SPORT & EXERCISE
PSYCHOLOGY**

2025

1. ACADEMIC ADVISOR REGULATION

The institution of the Academic Advisor (in general)

The Regulation of Studies of the “European Master in Sport and Exercise Psychology”, which has been approved by the Assembly of the Department of Physical Education and Sport Science (DPESS) of the University of Thessaly (UTH), describes the institution of the Advisor Professor who undertakes the guidance of the student on any matter concerning their studies, as well as support, where possible, in various personal matters related to their studies. Among other things, the Advisor informs and advises the students about the courses and procedures of the Program, the research process, the utilization of the infrastructure of the department's laboratories, as well as the services offered by the University of Thessaly to its students, as far as the research process is concerned.

Assignment Process

For each postgraduate student, a faculty member is designated by the coordinating committee as an Academic Advisor. The designation is based on the relevance of the student's undergraduate degree and the academic subject of the Academic Advisor. For example, for the graduate of a physical therapy department, a Professor who has a subject related to biomechanics is defined as an academic advisor.

The role of the Academic Advisor

The Advisor chooses the way to approach and help the students assigned to them. As a common approach to students, the Program asks Academic Advisors to inform and advise students on all of the following:

1. Elective course content and discussion with the student about personal interests before final course selection.
2. Discussion of test results.
3. Choice of subject of a Master Thesis .
4. Doctoral studies (at the Department, in Greece and/or abroad).
5. Career prospects (opportunities in the public and private sectors, freelancing, jobs abroad).
6. Discussion of any family, personal or other issue that concerns them and creates obstacles to their studies.

Contacting the Academic Advisor

The Academic Advisor is informed at the beginning of each academic year about the new group of students (approximately 3 - 4 students), updates the list of email addresses of the new students assigned to him/her, deletes those of the older students that have already graduated but he/she will be available whenever they wish to contact him/her again, for professional matters. In addition, they inform the students of the specific days and times when they can accept the students they are assigned to. In order for the meetings to be effective, the Coordinating Committee suggests individual meetings with each student and group meetings on topics of common interest.

Replacement of Academic Advisor

In cases of long absence of the Academic Advisor from the Department (educational leave, sickness leave) or their departure from the Department, the Coordinating Committee replaces the faculty member with another Academic Advisor.

This regulation has been approved by the 4th/14-7-2023 Meeting of the Program's Coordinating Committee and has been published on the Program's website at the following link:
<https://emsep.uth.gr/documents.html>